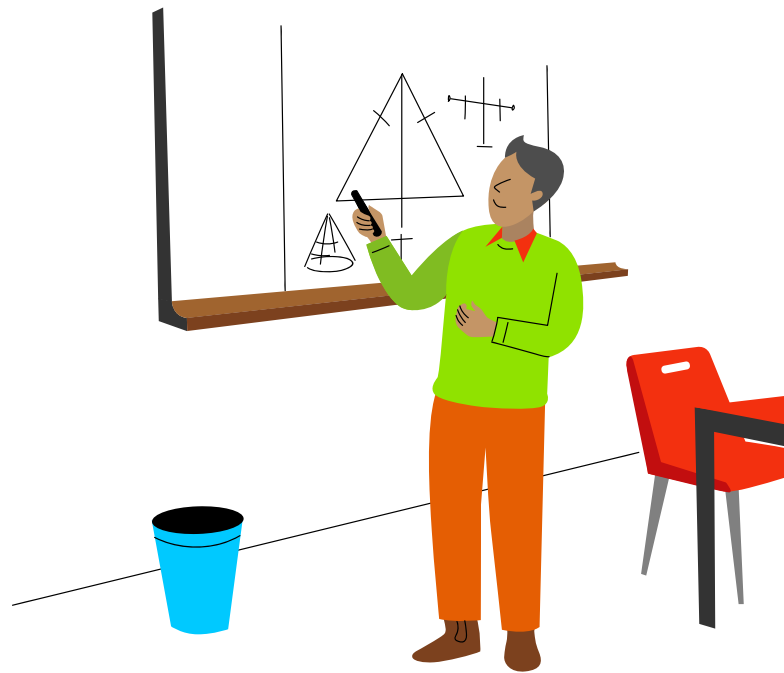


Are you taking strong painkillers known as opioids?



You may be experiencing side effects like constipation.

Constipation can be managed and doesn't need to interfere with your pain control or with your ability to carry on with day-to-day activities.

What is opioid induced constipation?

Opioids work by blocking the pain signals in your nerves. Unfortunately, they can also slow down the movement of the gut and cause opioid induced constipation. Opioids cause constipation in many people who take them long-term for pain but, with the help of your doctor, opioid induced constipation can be treated.

For more information speak to your doctor,
pick up a leaflet in this clinic or visit
www.talkaboutconstipation.com



 *talkabout*
constipation.com

